

Handmades Meeting, Mondays, October 1 and 15, 12 noon. As the Christmas Fair gets closer, the Handmades team is hard at work and will meet twice in October. It's not too late to join in the crafty fun! If you knit, crochet, sew, do small pieces of woodwork, bead, weave or whatever, please consider donating an example of your work for the Christmas Fair. St. John's Conference Room

Meditation for Optimal Living, begins Wednesday October 10, 7 - 8:15 pm. You are invited to a meditation class where you will learn and practice relaxation, breathing, visualization and concentration techniques, led by voice and meditation teacher, Irene Gubrud Finch. Relaxation and breathing exercises increase your level of energy and vitality by allowing your body to restore and rejuvenate itself. It has been medically proven that fifteen minutes of relaxation a day increases the hemoglobin (oxygen) count in the blood, as well as increasing our resistance to disease. You will also learn how to reduce critical self-talk, and change bad brain habits into positive ones. Classes will be held in Bleecker Hall.

BlueGreen Theology Kayak Trip, Monday, October 8, 10 am - 2 pm. Kayak (or canoe) from West Neck Beach right down into the head of Cold Spring Harbor, under 25A and right up to the St. John's Church. Take a few pauses along the way to learn about the ecology and geography of this wonderful body of water. The day will conclude with a simple Eucharist and lovely lunch on the patio by St. John's Pond. Kayaks will be provided for rental and if you bring your own kayak, we will have a shuttle back to West Neck Beach for Kayakers to retrieve their vehicles.

Holy Eucharist & Pet Blessing Sunday, October 7, 5 pm. Gerbels, cats, turtles and even oysters! We've blessed them all. Bring your pets, bring your pictures of your pets! In honor of the Feast of St. Francis (Oct 4) we will hold a special outdoor Eucharist and pet blessing on the Back Patio. This event is open to the entire community. All are welcome; great and small!

For details of current and future happenings at St. John's Church, visit our website: stjcs.org; our Facebook page: [facebook.com/stjcs](https://www.facebook.com/stjcs) or see the latest issue of "At St. John's" in your email.

SERVICE PARTICIPANTS

8:00 am Service:

Lector: Herman Heinemann

Assisting: Patricia Porter

10:00 Service

Ushers: Jeremy Bradford, Susan Collins

Acolytes: Alice Bradford, Sophie Bradford

Assisting: Karen Olson, ??

Lectors: Bill Lister, Lillian O'Connell, Mary Gay Townsend

Altar Flowers: Nancy Harris-Kwas

Altar Guild: Mary Lee Citrino, Patricia Porter

Pew Books: BARBARA SCHUBAUER

MINISTERS OF THE CHURCH

Ministers: All the members of the congregation (BCP p. 855)

Assistants to the Ministers:

CLERGY

The Rt. Rev. Lawrence Provenzano, *Bishop*

The Rev. Gideon L. K. Pollach, *Rector*

The Rev. Jesse W. Lebus, *Curate*

The Rev. T. Carleton Lee, *Rector Emeritus*

STAFF

Steven Finch, *Dir. of Music*

Carol Weitner, *Organist*

Josie Greco, *Children's Music*

Viktoria Reres, *Nursery Provider*

Susan G. Waiter, *Parish Admin.*

Danielle D. Holmes, *Financial Admin.*

Adam Waywell, *Sexton*

Peter Schwind, *Sexton (Friday)*

VESTRY

Frank Gundersen, *Senior Warden*

Anne Pace, *Treasurer*

Mary Lee Citrino

Timothy Gokey, *Asst. Treas.*

Kirsten Heinemann

Seamus Mitchell

Mary Gay Townsend

James Wylie, *Junior Warden*

Jeremy Bradford

Susan Collins

Barry Grace

Vasana Hildebrand

James Sanna

William Wresch



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St. John's
EPISCOPAL CHURCH
COLD SPRING HARBOR

HOLY EUCHARIST: RITE II

Nineteenth Sunday after Pentecost

September 30, 2018, 10:00 am

All page numbers refer to the Book of Common Prayer. Hymns can be found in the Hymnal 1982; hymns preceded by "S" can be found in the service music section at the front.

Prelude: Chorale with Variations: "O God, Thou Faithful God" J. S. Bach

Hymn 359: God of the prophets, bless the prophets' heirs Toulon

Opening Acclamation p. 355

S 277 Gloria p. 356

The Collect of the Day

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Hebrew Scripture: Esther 7:1-6, 9-10; 9:20-22

The king and Haman went in to feast with Queen Esther. On the second day, as they were drinking wine, the king again said to Esther, "What is your petition, Queen Esther? It shall be granted you. And what is your request? Even to the half of my kingdom, it shall be fulfilled." Then Queen Esther answered, "If I have won your favor, O king, and if it pleases the king, let my life be given me - that is my petition - and the lives of my people - that is my request. For we have been sold, I and my people, to be destroyed, to be killed, and to be annihilated. If we had been sold merely as slaves, men and women, I would have held my peace; but no enemy can compensate for this damage to the king." Then King Ahasuerus said to Queen Esther, "Who is he, and where is he, who has presumed to do this?" Esther said, "A foe and enemy, this wicked Haman!" Then Haman was terrified before the king and the queen. Then Harbona, one of the eunuchs in attendance on the king, said, "Look, the very gallows that Haman has prepared for Mordecai, whose word saved the king, stands at Haman's house, fifty cubits high." And the king said, "Hang him on that." So they hanged Haman on the gallows that he had prepared for Mordecai. Then the anger of the king abated. Mordecai recorded these things, and sent letters to all the Jews who were in all the provinces of King Ahasuerus, both near and far, enjoining them that they should keep the fourteenth day of the month Adar and also the fifteenth day of the same month, year by year, as the days on which the Jews gained relief from their enemies, and as the month that had been turned for them from sorrow into gladness and from mourning into a holiday; that they should make them days of feasting and gladness, days for sending gifts of food to one another and presents to the poor.

Psalm 124

- 1 If the Lord had not been on our side, *
let Israel now say;
 - 2 If the Lord had not been on our side, *
when enemies rose up against us;
 - 3 Then would they have swallowed us up alive *
in their fierce anger toward us;
 - 4 Then would the waters have overwhelmed us *
and the torrent gone over us;
 - 5 Then would the raging waters *
have gone right over us.
 - 6 Blessed be the Lord! *
he has not given us over to be a prey for their teeth.
 - 7 We have escaped like a bird from the snare of the fowler; *
the snare is broken, and we have escaped.
 - 8 Our help is in the Name of the Lord, *
the maker of heaven and earth.
- Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen*

Epistle: James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Hymn 609: *Where cross the crowded ways of life* Gardiner

Then, all standing, the Priest reads the Gospel, first saying

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.
People Glory to you, Lord Christ.

The Gospel: Mark 9:38-50

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. "If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. "For everyone will

be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

After the Gospel, the Priest says

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

*Following the proclamation of the Gospel children ages 8-11
make their way to the Lee Room for the Elements of Faith gathering.*

The Sermon	Gideon L. K. Pollach	
The Nicene Creed		p. 358
The Prayers of the People, Form IV		p. 388
Confession of Sin		p. 360
The Peace		

The Holy Communion

<i>Offertory: I will lift up mine eyes</i>	Leo Sowerby	
<i>The Doxology: Hymn 380, verse 3</i>	Old 100th	
The Great Thanksgiving		
Eucharistic Prayer B		p. 367
<i>S 124 Sanctus</i>		p. 362
The Lord's Prayer		p. 364
The Breaking of the Bread		p. 364
<i>S 157 Agnus Dei</i>		p. 337
<i>Choral Prayer: Come down, O Love divine</i>	R. Vaughan Williams	
The Post Communion Prayer		p. 365
The Blessing & Dismissal		
<i>Hymn 625: Ye holy angels bright</i>	Darwall's 148th	
<i>Postlude: Fantasy in C minor</i>	J. S. Bach	

WELCOME TO ST. JOHN'S

Wherever you are on your journey of faith, we are glad you're here. If you are interested in learning more about St. John's please fill out a pew card and hand it to our clergy. You can also visit stjesh.org/new and fill out our online welcome form. We look forward to getting to know you! Following the service all are invited to Bleecker Hall for the Stewardship Kick-Off Forum.

ABOUT PRAYER POSTURES

There is an old adage that Episcopalians engage in pew aerobics as we shift prayer positions from kneeling to standing to sitting. The barb is correct, even if the activities don't really count as strenuous. There are standard positions for prayer that have developed over the 2,000 year history of the church and they include standing, kneeling and sitting.

Ancient Mosaics, especially the mosaics at Ravenna, depict Christians at worship - all standing with arms outstretched. Other references in scripture and in art suggest that this posture - standing in prayer in what is now known as the Orans position - was the typical posture in the ancient church: "I desire, then, that in every place the men should pray, lifting up holy hands..." (1 Tim 2:8).

In the medieval period the posture of prayer transitioned to kneeling as a posture of submission to God as was the common custom for vassals to kneel in submission to feudal lords, or subjects when asking favors of a king.

Standing and kneeling are, therefore, both historic postures of prayer. In the modern era most Christian churches do both at different times in the service and some Christian churches feel that uniformity of posture is important. The only times when one posture is preferred over another uniformly is during the proclamation of the Gospel at Eucharist when the church believes God is speaking through the text to the community gathered for the celebration of holy communion and for the recitation of the two ancient proclamations of the faith, the Apostles and Nicene Creeds. But, more on that another time.

Your clergy welcome diverse expressions of prayer inviting you to determine which posture is most effective for you to bring your heart, mind, and soul into alignment and for prayer. ~ GLKP

PASTORAL CARE

Prayer List:

We ask your prayers: of thanksgiving: for the marriage of Olivia Ann Bahr & Brian John Dillner; *for those who are ill:* Shirley Baker, Tim Brown, Gabrielle Cava, Diane Correia, Suzanne Cremins, Elisa Deane, Luke Demarest, Cathie Gallagher, Edith Hoffman, Richard Hsia, Barbara Kelly, Tom Kerr, Robyn King, Cameron Kohler, Ron Larson, Jennie LoPresto, Scott Martin, John Mathey, Marianna McDermott, Una McHugh, Alan Moore, Robert Reimels, Jack Santaniello, Susan Treitz, Josie Trust, Bunny Vissichelli and Jane Young; *and for those who have died.*

Caring Connection:

Contacts for October: Terry Walton, (631 549-0562, rosalieter@aol.com), Susie Fairchild (minitapper@hotmail.com), Clare Fearon (cwfearon@gmail.com). Anytime: call the Church Office (516-692-6368, x 3).

ALTAR FLOWERS

*The altar flowers are given to the glory of God,
in celebration of the marriage of Olivia Ann Bahr & Brian John Dillner,
and in loving memory of Stanley & Virginia Metz,
The Trautmann Family and Harry B. Clark.*

PARISH NOTICES

Vision 2020: Annual Stewardship Appeal. Today is Kick-Off Sunday for the Vision 2020 Stewardship Appeal. This year we are undertaking a new stewardship effort aimed at engaging more of the congregation here at St John's, increasing giving overall by \$200,000, and transforming our stewardship culture and habits. You are encouraged to stay after worship today for a Stewardship Kick-Off Forum to learn more about the Appeal and our goals for increasing support for the mission and ministry of St. John's. If you have not yet received information in the mail about the Vision 2020 Appeal, please contact the church office so we can ensure that we have your correct mailing address. Thank you!

TODAY: Concerts by the Pond presents pianist Maxim Lando at 3 pm. Maxim will be performing Bach-Brahms Chaconne in D Minor for Piano Left Hand; Beethoven's Sonata No.30 in E Major, Op.109; and Rachmaninoff's Sonata No. 2. Donation: \$20 adults; students and children free. For more information see *At St. John's* or call Steven Finch (516.692.6368 x5).