



St. John's
EPISCOPAL CHURCH
COLD SPRING HARBOR

Morning Prayer Rite II: February 26, 2023

First Sunday in Lent

Through Adam's Fall

Forty days and forty nights

Dieterich Buxtehude

Aus der Tiefe rufe ich

Prelude
Hymn 150

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
 2 Should not we thy sor - row share and from world - ly joys ab - stain,
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smytton (1822-1870), alt. Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889).

Opening Sentences

Priest If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (*I John 1:8, 9*)

Confession of Sin

Priest Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Officiant and People together, all kneeling

All *Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

The Priest alone stands and says

Priest Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Invitatory

Priest Lord, open our lips.

People *And our mouth shall proclaim your praise.*

All *Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.*

Priest The Lord is full of compassion and mercy: Come let us adore him.

The Venite

W. H. Walter



- 1 Come, let us ^{sing} to the Lord; *
let us shout for joy to the Rock of our sal^{va}tion.
 - 2 Let us come before his ^{presence} with thanks^{giving} *
and raise a loud ^{shout} to ^{him} with ^{psalms}.
 - 3 For the Lord is a ^{great} God, *
and a great ^{King} a ^{bove} all ^{gods}.
 - 4 In his hand are the ^{caverns} of the ^{earth}, *
and the heights of the ^{hills} are ^{his} also.
 - 5 The sea is ^{his}, for he ^{made} it, *
and his hands have ^{molded} the ^{dry} land.
 - 6 Come, let us bow down, and ^{bend} the ^{knee}, *
and ^{kneel} before the ^{Lord} our ^{Maker}.
 - 7 For he is our God,
and we are the people of his pasture and the ^{sheep} of his ^{hand}. *
Oh, that to ^{day} you would ^{hearken} to his ^{voice}!
- Glory to the Father, and ^{to} the ^{Son}, *
and ^{to} the ^{Holy} ^{Spirit}:
As it was in the ^{be} ^{ginning}, is ^{now}, *
and ^{will} be for ^{ever}. A ^{men}.

Psalm 32 *Beati quorum*

- 1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt, *
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, *
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.

- 5 Then I acknowledged my sin to you, *
and did not conceal my guilt.
- 6 I said, " I will confess my transgressions to the Lord." *
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place; you preserve me from trouble; *
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle, or else they will not stay near you."
- 11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.
- Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen*

A Reading from Genesis

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord

People Thanks be to God.

1. Al - might - y Lord Most High draw near whose awe - some
 2. How mea - sure - less your mer - cies stand, the hope and
 3. From such a heart we bend the knee and all our
 4. So lift on high the Sav - ior's praise with all the

splen - dor none can bear; e - ter - nal God, in mer - cy hear,
 pledge of sins for - given; those sins, un - num - bered as the sand,
 sin and shame con - fess. Lord, your un - worth - y serv - ants see,
 hosts of heaven a - bove, and sing through ev - er - last - ing days

re - ceive once more the sin - ner's prayer; u - pon your
 that hide the ver - y stars of heaven; O God of
 and clothe us round with right - eous - ness; that loved and
 the God of glor - y grace and love. The Lord of

word of grace we call whose word of pow - er has or - dered all.
 grace, to us im - part a pen - i - tent and con - trite heart.
 par - doned, healed and blest, we taste your mer - cies man - i - fest.
 all let us a - dore, for ev - er and for ev - er - more.

Words: Timothy Dudley-Smith (b. 1926), based on the *Prayer of Manasseh*. Music: Keiser New, Owen Burdick (b. 1954).

A Reading from the Gospel according to Matthew

Matthew 4:1-11

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with

you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” Then the devil left him, and suddenly angels came and waited on him.

The Word of the Lord
People *Thanks be to God.*

Sermon

Gideon L. K. Pollach

The Apostles Creed (*Priest and People*)

*I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.*

*He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen*

Priest The Lord be with you.
People *And also with you.*
Priest Let us pray.

The Lord’s Prayer (*Priest and People together*)

*Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,*

*as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen*

The Suffrages:

The St. John’s Suffrages

White

Choir & Congregation

And grant us your sal - va - tion.

Officiant

Show us your mer - cy, O Lord;

Let your peo - ple sing with joy.

Officiant

Clothe your mi - ni - sters with righ - teous - ness; Give

For on-ly in you can we live_ in safe-ty.

peace, O Lord, in all the world; Lord,

Officiant

And guide us in the way of jus-tice and truth.

keep this na - tion un - der your care;

Your sa - ving health a - mong all na-tions.

Officiant

Let your way_ be known up - on earth;

Nor the hope of the poor be ta-ken a -

Officiant

Let not the nee - dy, O Lord, be for - got - ten;

way. And sus -

Officiant

Cre - ate in us clean hearts, O God;

tain us with your Ho - ly Spi - rit.

The Collect of the Day

Priest Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

Prayers For the Sick and Additional Collects

Following the collects, a period of silence follows for your prayers of thanksgiving.

Prayer for Mission

Priest Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

The General Thanksgiving

Priest and People together

We give you thanks, most gracious God, for the beauty of earth and sky and sea; for the richness of mountains, plains, and rivers; for the songs of birds and the loveliness of flowers. We praise you for these good gifts, and pray that we may safeguard them for our posterity. Grant that we may continue to grow in our grateful enjoyment of your abundant creation, to the honor and glory of your Name, now and for ever. Amen.

Closing Sentences

Priest Let us bless the Lord.

People Thanks be to God.

Announcements

Offertory

The Truth from Above

arr. R. Vaughan Williams

The Doxology

*Praise God, from whom all blessings flow; Praise him, all creatures here below;
Praise him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.*

Old 100th

The Grace

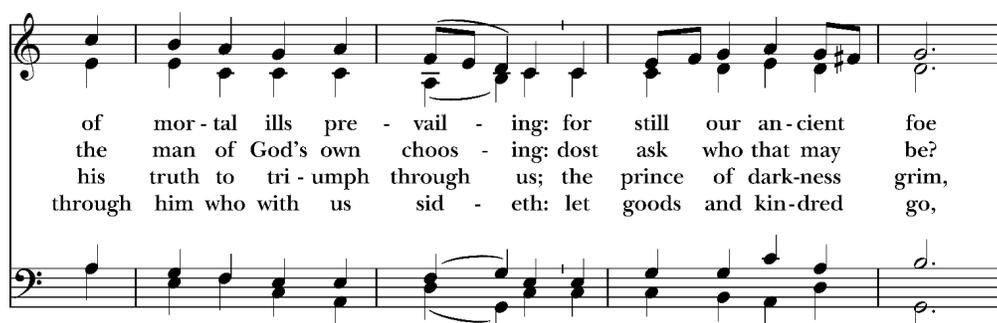
The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.*



1 A might - y for - tress is our God, a bul - wark nev - er
 2 Did we in our own strength con - fide, our striv - ing would be
 3 And though this world, with dev - ils filled, should threat - en to un -
 4 That word a - bove all earth - ly powers, no thanks to them, a -



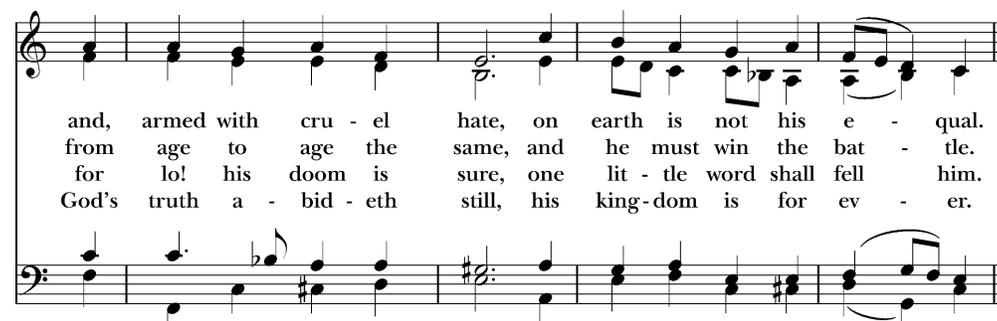
fail - ing; our help - er he a - mid the flood
 los - ing; were not the right man on our side,
 do us; we will not fear, for God hath willed
 bid - eth; the Spi - rit and the gifts are ours



of mor - tal ills pre - vail - ing; for still our an - cient foe
 the man of God's own choos - ing; dost ask who that may be?
 his truth to tri - umph through us; the prince of dark - ness grim,
 through him who with us sid - eth; let goods and kin - dred go,



doth seek to work us woe; his craft and power are great,
 Christ Je - sus, it is he; Lord Sa - ba - oth his Name,
 we trem - ble not for him; his rage we can en - dure,
 this mor - tal life al - so; the bo - dy they may kill:



and, armed with cru - el hate, on earth is not his e - qual.
 from age to age the same, and he must win the bat - tle.
 for lo! his doom is sure, one lit - tle word shall fell him.
 God's truth a - bid - eth still, his king - dom is for ev - er.

Service Participants:

10 am Service

Chad Brisbane, Billy Wresch, *Lectors*

Kristin Dennehy, Jon Hatch *Vestry Ushers*
Seamus Mitchell, *A/V Ministry*

The Very Rev. Gideon L. K. Pollach, *Rector*

The Rev. Mary Beth Mills-Curran, *Curate*

Mr. Bryce Westervelt, *Director of Music*

Dr. Carol Weitner, *Organist*

Pastoral Care

For all those serving our nation overseas, for the nation of Haiti and in particular our partner school and church, St. Matthias in Deslandes; and for those who are ill: Chloe Clancy, Scott Clancy, Suzanne Cremins, Mike Daniels, Elisa Deane, Luke Demarest, Vanessa Gullo, Terry Grace, George Harstedt, Karen Maloy Johnson, Peter Adam Knutson, Jr., Marie Lee, Lee Mackay, Virginia Martinez, Alan Moore, Peter Morris, Robin O'Brien, Peter Pawelko, Luna Perrone, Peter Ryus, Jack Santaniello, Andrea Smallwood, Jay Walsh, Donna Lee Wieland and for all who have died, especially Emily Swiggett.

Caring Connection For February

Gina Jacobsen
516 639-7438

Sally Cynar
516 993-2520

The Wardens and Vestry of St. John's Church

Joe Bonventre
Jeremy Bradford, *Warden*
Nancy Cashin
Sue Collins, *Clerk*
Sally Cynar
Kristin Dennehy
Scott Evans
Jon Hatch, *Treasurer*

James Hoover
Seamus Mitchell, *Warden*
Matthew O'Connell
The Very Rev. Gideon L. K. Pollach, *Rector*
James Sanna
Mary Gay Townsend
Jack Weidinger

This Week at St. John's

The Church is open for private prayer and intercession Monday through Thursday from 8 AM - 3 PM

2/26	Sunday	8 am	Holy Eucharist Rite II
		9 am	Breakfast Club (3rd-6th grade)
		10 am	Morning Prayer
		10 am	Children's Chapel (PreK-3rd grade)
		6 pm	Uncovering Parish Histories" - Burying Ground Presentation (<i>Zoom</i>)
2/28	Tuesday	10 am	Staff Meeting
3/1	Wednesday	5 pm	Junior Choir
		6:30 pm	Lenten Series: Growing Compassion through Acts of Mercy - "We, The Church," featuring Sooky Lassen
3/2	Thursday	5 pm	Bell Choir
		7:30 pm	Chancel Choir
3/5	Sunday	8 am	Holy Eucharist Rite II
		9 am	Breakfast Club (3rd-6th grade)
		10 am	Holy Eucharist Rite II
		10 am	Children's Chapel (PreK-3rd grade)
		5 pm	Confirmation Class (<i>at St. John's, Huntington</i>)
6:30 pm	Youth Group (<i>at St. John's, Huntington</i>)		

Links to all online and activities on Zoom can be found in the St. John's calendar, on the website www.stjcs.org, or in the latest *At St. John's e-newsletter*

Lenten Series: Growing Compassion through Acts of Mercy

Wednesdays in Lent, 6:30 - 8:30 pm

6:30 pm - 8:30 pm

The series will run over Wednesdays in March. Each week will feature a different act of mercy and a speaker, drawn from our outreach partnerships, who will lead us all in reflecting on how their practice or vocation of mercy has deepened their relationship with God and their capacity for compassion.

Our speakers and topics will be:

- Wednesday, March 1, 2023: “We, The Church” featuring **Sooky Lassen**, former chairperson, St. John's Church Hunger and Outreach Committee.
- Wednesday, March 8, 2023: “Welcoming the Stranger” featuring **Dr. Isma Chaudhury**, President Emerita of the Islamic Center of Westbury and co-founder of “Project Upholding Humanity.”
- Wednesday, March 15, 2023: “Feeding the Hungry” featuring **Jon Stepanian**, founder Community Solidarity.
- Wednesday, March 22, 2023: “A Place to Call Home” featuring **Pilar Moya-Mancera**, director of Housing Help, Inc and founder Latinos Unidos de Long Island.
- Wednesday, March 29, 2023: “Mercy: the true character of God” led by the Rector, **The Very Rev. Gideon L. K. Pollach and Laura Swiggett**.

Each evening will include opportunities for discussion with our guests and with each other and will be preceded by a light supper. To sign up to bring something for supper, please use this form. Supper will begin at 6:30 pm and will be followed at 7:00 pm by our formation series. Each night will end with prayer at 8:30 pm.

