



# St. John's

EPISCOPAL CHURCH  
COLD SPRING HARBOR

## Morning Prayer Rite II: Fourth Sunday of the Epiphany

January 28, 2024, 10:00 am

Prelude  
Hymn 493

Variations on "Schmücke dich"  
O for a thousand tongues to sing

J. G. Walther  
*Azmon*

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim  
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;  
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!  
2 and spread through all the earth a - broad the hon - ors of thy Name.  
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.  
4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.  
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
be now and ever given  
by saints below and saints above,  
the Church in earth and heav'n.

Words: Charles Wesley (1707-1788), alt. Music: *Azmon*, Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872).

Priest I will give you as a light to the nations, that my salvation may reach to the end of the earth. Let us confess our sins against God and our neighbor.

### Confession of Sin

*All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

Priest Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### The Invitatory

Priest Lord, open our lips.

People *And our mouth shall proclaim your praise.*

*Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.*

Priest The Lord has shown forth his glory: Come let us adore him.



- |  |  |
|--|--|
| <p>1. Be joyful in the ' Lord, • all you ' lands; *<br/>serve the Lord with gladness<br/>and come before his ' presence ' with a ' song.</p>                 | <p>3. Enter his gates with thanksgiving;<br/>go into his ' courts with ' praise; *<br/>give thanks to him and ' call ' up • on his ' Name.</p> |
| <p>2. Know this: The Lord him'self is ' God, *<br/>he himself has made us, and we are his;<br/>we are his ' people • and the ' sheep of • his ' pasture.</p> | <p>4. For the Lord is good; his mercy is ' ever'lasting; *<br/>and his faithfulness en'dures from ' age to ' age.</p>                          |

Glory to the Father, and ' to the ' Son,  
and ' to the ' Holy ' Spirit:  
As it was in the be'ginning, • is ' now,  
and ' will be • for ' ever. • A'men.

**Psalm 111: *Confitebor tibi***

- 1      Hallelujah! I will give thanks to the LORD with my whole heart, \*  
         in the assembly of the upright, in the congregation.
- 2      Great are the deeds of the LORD! \*  
         they are studied by all who delight in them.
- 3      His work is full of majesty and splendor, \*  
         and his righteousness endures for ever.
- 4      He makes his marvelous works to be remembered; \*  
         the LORD is gracious and full of compassion.
- 5      He gives food to those who fear him; \*  
         he is ever mindful of his covenant.
- 6      He has shown his people the power of his works \*  
         in giving them the lands of the nations.
- 7      The works of his hands are faithfulness and justice; \*  
         all his commandments are sure.
- 8      They stand fast for ever and ever, \*  
         because they are done in truth and equity.
- 9      He sent redemption to his people; he commanded his covenant for ever; \*  
         holy and awesome is his Name.
- 10     The fear of the LORD is the beginning of wisdom; \*  
         those who act accordingly have a good understanding; his praise endures for ever.

*Glory to the Father, and to the Son, and to the Holy Spirit: \**  
*as it was in the beginning, is now, and will be for ever. Amen*

## A reading from Paul's first letter to the Corinthians

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord

*People*

*Thanks be to God.*

1. Let all cre - a - tion bless the Lord, till heav'n with praise is ring - ing.  
 2. All liv - ing things up - on the earth, green fer - tile hills and moun-tains,  
 3. O men and wo - men ev - ery - where, lift up a hymn of glo - ry;  
 Sun, moon, and stars, peal out a chord, stir up the an - gels' sing - ing.  
 sing to the God who gave you birth; be joy - ful, springs and foun-tains.  
 let all who know God's stead - fast care tell our sal - va - tion's sto - ry.  
 Sing, wind and rain! Sing, snow and sleet! Make mu - sic, day, night, cold and heat: ex -  
 Lithe wa - ter life, bright air - borne birds, wild rov - ing beast, tame flocks and herds: ex -  
 No tongue be si - lent; sing your part, you hum - ble souls and meek of heart: ex -  
 alt the God who made you.  
 alt the God who made you.  
 alt the God who made you.

## A reading from the Gospel according to Mark

Mark 1:21-28

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Word of the Lord

*People Thanks be to God***Sermon**

Gideon L.K. Pollach

**The Apostles Creed** (*Priest and People*)

I believe in God, the Father almighty,  
creator of heaven and earth;

I believe in Jesus Christ, his only Son,  
our Lord.

He was conceived by the power of the  
Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen

Priest The Lord be with you.

*People And also with you.*

Priest Let us pray.

**The Lord's Prayer** (*Priest and People together*)

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen

The Suffrages:

The St. John's Suffrages

White

Choir & Congregation

And grant us your sal - va - tion.

Officiant

Show us your mer - cy, O Lord;

Let your peo - ple sing with joy.

Officiant

Clothe your mi - ni - sters with righ - teous - ness;

Officiant

Give

For on - ly in you can we live in safe - ty.

Officiant

peace, O Lord, in all the world;

Lord,

And guide us in the way of jus - tice and truth.

keep this na - tion un - der your care;

Your sa - ving health a - mong all na - tions.

Officiant

Let your way be known up - on earth;

Nor the hope of the poor be ta - ken a -

Officiant

Let not the nee - dy, O Lord, be for - got - ten;

way. And sus -

Officiant

Cre - ate in us clean hearts, O God;

tain us with your Ho - ly Spi - rit.

### The Collect of the Day

*Priest* Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### Prayers For the Sick and Additional Collects

*Following the collects, a period of silence follows for your prayers of thanksgiving*

### Prayer for Mission

*Priest* Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

### The General Thanksgiving

*Priest and People together*

We give you thanks, most gracious God, for the beauty of earth and sky and sea; for the richness of mountains, plains, and rivers; for the songs of birds and the loveliness of flowers. We praise you for these good gifts, and pray that we may safeguard them for our posterity. Grant that we may continue to grow in our grateful enjoyment of your abundant creation, to the honor and glory of your Name, now and for ever. *Amen.*

### Offertory

There is a Balm in Gilead

arr. R. K. Boesiger & M. McDonald

### The Doxology

*Praise God, from whom all blessings flow; Praise him, all creatures here below;  
Praise him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.*

*Old 100th*

### The Grace

*Priest* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.*

## Hymn 567

Thine arm, O Lord, in days of old

St. Matthew

1 Thine arm, O Lord, in days of old was strong to  
 2 And lo! thy touch brought life and health, gave hear - ing,  
 3 Be thou our great de - liv - erer still, thou Lord of

heal and save; it tri - umphed o'er dis - ease and death,  
 strength, and sight; and youth re - newed and fren - zy calmed  
 life and death; re - store and quick - en, soothe and bless,

o'er dark - ness and the grave. To thee they went, the  
 owned thee, the Lord of light: and now, O Lord, be  
 with thine al - might - y breath: to hands that work and

blind, the deaf, the pal - sied, and the lame, the lep - er  
 near to bless, al - might - y as of yore, in crowd - ed  
 eyes that see, give wis - dom's heaven - ly lore, that whole and

set a - part and shunned, the sick with fe - vered frame.  
 street, by rest - less couch, as by Gen - nes - aret's shore.  
 sick, and weak and strong, may praise thee ev - er - more.

Words: Edward Hayes Plumptre (1821-1891), alt. Music: *St. Matthew*, from *Supplement to the New Version of Psalms* by Dr. Brady and Mr. Tate, 1708.

Postlude

Toccata ("Deo Gracias")

Richard Keys Biggs





### **Service Participants**

Maggie Spehr, *Acolyte*  
John Hildebrand, Petra Schneider, *Lectors*  
Scott Evans, Billy Wresch, *Vestry Ushers*  
Chad Brisbane, *A/V Ministry*

The Very Rev. Gideon L. K. Pollach, *Rector*  
The Rev. Mary Beth Mills-Curran, *Curate*  
Bryce Westervelt, *Director of Music*  
Dr. Carol Weitner, *Organist*

### **Children's Ministry Participants**

Mary Beth Mills-Curran  
*Children's Chapel*

Jen Lister, *Breakfast Club Leader*  
Josie Greco, *Breakfast Club Host*  
Lynne Abe, *Nursery Care*

### **Coffee Hour Hosts**

Parks Family

### **Pastoral Care**

We ask your prayers for all those serving our nation overseas, for peace in the Holy Land, for the nation of Haiti and in particular our partner school and church, St. Matthias in Deslandes; and for those who are ill: Lindsay Aikman Catherman, Steve Beggs, Tilghman Broaddus, Sr., Chloe Clancy, David Crummy, Jason Dargelo, Elisa Deane, Luke Demarest, Nelson DeMille, Mike LoMonico, Jr., Mike LoMonico, Sr., Lee Mackay, Brant Martinez, Virginia Martinez, Kevin Moore, Peter Morris, Robin O'Brien, Peter Pawelko, Luna Perrone, Jack Santaniello, Andrea Smallwood, Jay Walsh, Donna Lee Weiland, and Wolfgang Ernest Wilhelm

### **Caring Connection for January**

Susie Fairchild  
631-877-7783

Chery Manniello  
516-446-3224

### **The Vestry of St. John's Church**

Joe Bonventre, *Clerk*  
Jeremy Bradford, *Warden*  
Nancy Cashin  
Sally Cynar  
Kristin Dennehy  
Scott Evans  
Jon Hatch, *Treasurer*  
James Hoover

Lindsay Kamdar  
Matthew O'Connell  
The Rev. Gideon L. K. Pollach, *Rector*  
James Sanna  
Mary Gay Townsend  
Jack Weidinger  
Billy Wresch, *Senior Warden*

### This Week at St. John's

1/28	Sunday	8 am	Holy Eucharist Rite II
		9 am	Breakfast Club ( <i>grades 3-7</i> )
		9:45 am	Nursery Care available ( <i>ages 4 and under</i> )
		10 am	Morning Prayer Rite II
1/30	Tuesday	10 am	Staff Meeting
		4 pm	Grieving in Community ( <i>Vestry Room</i> )
1/31	Wednesday	5 pm	Junior Choir
		6:30 pm	Youth Group ( <i>at St. John's, Huntington</i> )
		7:30 pm	'Being Christian' Reading Group
2/1	Thursday	5:15 pm	Handbell Choir
		7:30 pm	Chancel Choir
2/2	Friday	5 pm	Family Friday: Candlemas
2/4	Sunday		Blue Bag Sunday
		8 am	Holy Eucharist Rite II
		9 am	Breakfast Club ( <i>grades 3-7</i> )
		9:45 am	Nursery Care available ( <i>ages 4 and under</i> )
		10 am	Holy Baptism

Links to all online and activities on Zoom can be found in the St. John's calendar,  
on the website [www.stjcsh.org](http://www.stjcsh.org), or in the latest *At St. John's e-newsletter*