



# St. John's

EPISCOPAL CHURCH  
COLD SPRING HARBOR

## BLUE BAG MINISTRY

### Shopping List

Please take home a Blue Bag  
and return it filled with:

Nutritious, non-perishable Food items,  
including:

- \* Canned Meat
- \* Canned Vegetables
- \* Canned Beans
- \* Macaroni & Cheese
- \* Pasta
- \* Pasta Sauce
- \* Instant Potatoes
- \* Peanut Butter
- \* Breakfast Cereal
- \* Canned Fish
- \* Canned Fruit
- \* Dried Beans and Peas
- \* 100% Fruit Juice
- \* Rice
- \* Jelly

New Personal Care items, including:

- \* Deodorant
- \* Toothbrushes (single & multi packs)
- \* Toothpaste (all sizes)
- \* Shampoo & Conditioner
- \* Disposable Razors
- \* Hair combs & brushes