



St. John's

EPISCOPAL CHURCH
COLD SPRING HARBOR

BLUE BAG MINISTRY

Shopping List

Please take home a Blue Bag
and return it filled with:

Nutritious, non-perishable Food items,
including:

- * Canned Meat
- * Canned Vegetables
- * Canned Beans
- * Macaroni & Cheese
- * Pasta
- * Pasta Sauce
- * Instant Potatoes
- * Peanut Butter
- * Breakfast Cereal
- * Canned Fish
- * Canned Fruit
- * Dried Beans and Peas
- * 100% Fruit Juice
- * Rice
- * Jelly

New Personal Care items, including:

- * Deodorant
- * Toothbrushes (single & multi packs)
- * Toothpaste (all sizes)
- * Shampoo & Conditioner
- * Disposable Razors
- * Hair combs & brushes